

## 2008 High Performance Soccer Camp Registration Form

Name: (First/Last): \_\_\_\_\_

Date of Birth: Year: \_\_\_\_\_ Month: \_\_\_\_\_ Day: \_\_\_\_\_ Gender Male  Female

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Soccer Club: \_\_\_\_\_ Current Team & Age Group \_\_\_\_\_

Phone: H/C: \_\_\_\_\_ Email (Required): \_\_\_\_\_

### Development Programs

<input type="checkbox"/>	Week 6: Aug 11 -15:	Ray Friel, Orleans	Full Day Camp	9:00am – 4:00pm	\$195
<input type="checkbox"/>	Week 6: Aug 11 -15:	Ray Friel, Orleans	Full Day Camp	9:00am – 12:00pm	\$130

- Dribbling in tight spaces, ball and body control
- 1 v 1 moves, fast footwork, turning, changing direction with speed
- Controlling with different parts of the body
- Developing creativity and confidence on the ball
- Passing and kicking techniques (inside of the foot, driving, long range, chipping etc.)
- Shielding
- Shooting
- Attacking schemes (creating space and how to make runs of the ball)
- Defending 1 v 1 and in groups
- Speed, Strength and Conditioning
- Small sided games to implement everything that was learned on the day
- Tricks with the ball

Each player will receive a T-shirt  
Adidas prizes throughout the week  
Unlimited supply of Gatorade

No withdrawals after August 1, 2008

**Players who withdraw will be assessed a \$50 administration fee**

**Total Fees Enclosed:**

**Please calculate fees and attach a cheque payable to: Parmar Sports Training Inc.**

### Emergency Contact

Parent/Guardian 1: \_\_\_\_\_  
Address 1: \_\_\_\_\_  
Parent/Guardian 2: \_\_\_\_\_  
Address 2: \_\_\_\_\_

### Player Waiver

The parent or guardian agrees that Parmar Sports Training or any of its teams / members / or other officials will not be held responsible for any injury or accident which may occur before, during or after training practices or on route to and from training sessions. Conditions of Registration: Parmar Sports Training Inc. will attempt to accommodate every interested player. However, places may be limited and acceptance of every registrant cannot be guaranteed. Parents or guardians are responsible for ensuring registrants are in good health and hold sufficient medical insurance coverage. Parents or guardians are responsible for supplying registrants with safe soccer equipment, including footwear, shin guards and a personal water bottle. I understand the Camp retains the right to use any photographs, videotapes, motion picture recording or any other record of the event for publicity, advertising or any legitimate purpose. Details may change without notice, therefore any such changes will be posted on we [www.parmarsportstraining.com](http://www.parmarsportstraining.com)

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_  
Print Name \_\_\_\_\_

Mail To: Parmar Sports Training Inc., 428 Armonia Private, K1K 3Y2, Ottawa, Ontario  
Phone: (613) 277-8096 Web: [www.parmarsportstraining.com](http://www.parmarsportstraining.com)



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